Start Date: \_\_\_\_\_\_\_ End Date: \_\_\_\_\_\_\_Client: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ID#: \_\_\_\_\_\_\_\_\_\_ DOB: \_\_\_\_\_\_\_\_\_

**Mental Status Exam**

**Attitude** [ ]  Assessed [ ]  Not Assessed [ ]  Within Normal Limits [ ]  Not Clinically Indicated

[ ]  Attentive [ ]  Evasive [ ]  Guarded [ ]  Ingratiating

[ ]  Cooperative [ ]  Apathetic [ ]  Friendly [ ]  Hostile

[ ]  Uncooperative [ ]  Interested [ ]  Indifferent [ ]  Belligerent

[ ]  Other:

**Behaviors** [ ]  Assessed [x]  Not Assessed [ ]  Within Normal Limits [ ]  Not Clinically Indicated

[ ]  Appropriate for age [ ]  Poor Eye Contact [ ]  Hypermotoric [ ]  Fidgety

[ ]  Restless [ ]  Psychomotor agitation [ ]  Pyschomotor retardation [ ]  Inappropriate mannerisms

[ ]  Inappropriate gestures [ ]  Tremor [ ]  Tics [ ]  Stereotypes

[ ]  Other:

**General Appearance** [ ]  Assessed [ ]  Not Assessed [ ]  Within Normal Limits [ ]  Not Clinically Indicated

*WNL – Appropriately dressed and groomed for the occasion*

[ ]  Poorly dressed [ ]  Poorly groomed [ ]  Disheveled [ ]  Odiferous [ ]  Deformities

[ ]  Poor nutrition [ ]  Restless [ ]  Psychomotor retardation [ ]  Hyperactive/intrusive

[ ]  Evasive/distant [ ]  Inattentive [ ]  Poor eye contact [ ]  Hostile

[ ]  Other:

**Speech** [ ]  Assessed [ ]  Not Assessed [ ]  Within Normal Limits [ ]  Not Clinically Indicated

*WNL – non-pressured, with normal rate, tone, latency*

[ ]  Increased latency [ ]  Decreased rate [ ]  Paucity Hyperverbal

[ ]  Poor articulation [ ]  Loud Soft [ ]  Mute

[ ]  Stuttering [ ]  Impaired prosody [ ]  Pressured

[ ]  Other:

**Language** [ ]  Assessed [ ]  Not Assessed [ ]  Within Normal Limits [ ]  Not Clinically Indicated

*WNL - no issues naming objects or repeating phrases*

[ ]  Difficulty naming objects [ ]  Difficulty repeating phrases [ ]  Non-Verbal

[ ]  Other:

**Mood and Affect** [ ]  Assessed [ ]  Not Assessed [ ]  Within Normal Limits [ ]  Not Clinically Indicated

*WNL – mood and affect euthymic and congruent*

Mood [ ]  Happy [ ]  Sad [ ]  Anxious [ ]  Angry [ ]  Irritable [ ]  Elation [ ]  Normal [ ]  Other:

Affect [ ]  Euthymic [ ]  Dysphoric [ ]  Anxious [ ]  Irritable/angry [ ]  Blunted/flat [ ]  Labile [ ]  Euphoric [ ]  Congruent w/mood [ ]  Other:

**Attention Span and Concentration** [ ]  Assessed [ ]  Not Assessed [ ]  WNL [ ]  Not Clinically Indicated

*WNL-with good concentration and attention*

[ ]  Poor concentration [ ]  Poor attention span [ ]  Distractible [ ]  Other:

**Thought Content and Process; Cognition** [ ]  Assessed [ ]  Not Assessed [ ]  WNL [ ]  Not Clinically Indicated

*WNL for age – coherent and goal directed with no evidence of abnormal or delusional thought content or cognitive disturbance; good fund of knowledge*

***Thought Process Abnormalities (leave unchecked if not present)***

[ ]  Disorganized [ ]  Blocking [ ]  Persecution [ ]  Broadcasting [ ]  Derailed

[ ]  Thought insertion [ ]  Incoherent [ ]  Racing [ ]  Illogical [ ]  Other:

***Thought Content Abnormalities (leave unchecked if not present)***

[ ]  Delusional [ ]  Paranoid [ ]  Ideas of Reference [ ]  Thought insertion

[ ]  Thought withdrawal [ ]  Thought Broadcasting [ ]  Religiosity [ ]  Grandiosity

[ ]  Perseveration [ ]  Obsessions [ ]  Worthlessness [ ]  Loneliness

[ ]  Guilt [ ]  Hopelessness [ ]  Helplessness [ ]  Other

***Cognitive Abnormalities (leave unchecked if not present)***

[ ]  Concrete [ ]  Unable to follow instructions [ ]  Poor Computation

[ ]  Other:

**Associations** [ ]  Assessed all sections below [ ]  Not Assessed [ ]  WNL - Intact [ ]  Not Clinically Indicated

[ ]  Loose [ ]  Clanging [ ]  Word salad [ ]  Circumstantial

[ ]  Tangential [ ]  Other:

**Abnormal/Psychotic Thoughts** [ ] Assessed [ ]  Not Assessed [ ]  Not Clinically Indicated

***Psychosis/Disturbance of Perception*** [ ]  None [ ]  Present (leave items below unchecked if not present)

[ ]  Auditory hallucinations [ ]  Visual hallucinations [ ]  Command hallucinations [ ]  Delusions

[ ]  Preoccupation w/violence [ ]  Olfactory hallucinations [ ]  Gustatory hallucinations

[ ]  Tactile hallucinations [ ]  Somatic hallucinations [ ]  Illusions [ ]  Other

***Suicide/Homicide*** [ ]  None [ ]  Present

Current suicide ideation [ ]  Yes [ ]  No Current suicidal plan [ ]  Yes [ ]  No

Current suicidal intent [ ]  Yes [ ]  No Means to carry out attempt [ ]  Yes [ ]  No

Current homicidal ideation [ ]  Yes [ ]  No Current homicidal plans [ ]  Yes [ ]  No

Current homicidal intent [ ]  Yes [ ]  No Means to carry out attempt [ ]  Yes [ ]  No

Comments:

**Orientation** [ ] Assessed [ ]  Not Assessed [ ]  Within Normal Limits [ ]  Not Clinically Indicated

*WNL – Oriented to person, place, time, situation*

Disoriented to [ ]  Person [ ]  Place [ ]  Time [ ]  Situation [ ]  Other:

***As Evidenced by confusion in responses***

[ ]  How would you describe the situation we are in? [ ]  What is your full name?

[ ]  Where are we right now? (city, state, building)

[ ]  What is the full date today?(date, month, year) and season of the year

**Fund of Knowledge** [ ] Assessed [ ]  Not Assessed [ ]  Within Normal Limits [ ]  Not Clinically Indicated

*WNL – Fund of knowledge WNL for developmental level*

[ ]  Unaware of current events [ ]  Unaware of past history [ ]  Vocabulary inappropriate for age

[ ]  Other:

***As evidenced by age appropriate***

[ ] Vocabulary [ ]  Fund of knowledge [ ]  Responses to questions [ ]  School Performance

[ ]  IQ (If testing results are available) [ ]  Other:

**Insight and Judgement** [ ]  Assessed [ ]  Not Assessed [ ]  Not Clinically Indicated

[ ]  Excellent [ ]  Good [ ]  Fair [ ]  Poor [ ]  Grossly Impaired [ ]  Substance related

[ ]  Other:

***As evidenced by age appropriate***

[ ] Awareness of problem [ ]  Acceptance of help [ ]  Understanding cause and effect

[ ]  Self-defeating/endangering behavior W/O Regard to consequences [ ]  Denial/Blames Others

[ ]  Other:

**Memory** [ ]  Assessed [ ]  Not Assessed [ ]  Within Normal Limits [ ]  Not Clinically Indicated

*WNL – Immediate, recent, and remote memory intact*

Immediate [ ]  Good [ ]  Fair [ ]  Impaired As Evidenced By \_\_\_\_\_/3 Words In Five Minutes

Recent [ ]  Good [ ]  Fair [ ]  Impaired As Evidenced By

Remote [ ]  Good [ ]  Fair [ ]  Impaired As Evidenced By

[ ]  Other:

**Muscle Strength/Tone** [ ]  Assessed [ ]  Not Assessed [ ]  Within Normal Limits [ ]  Not Clinically Indicated

[ ]  Atrophy [ ]  Abnormal Movements [ ]  Other:

**Gait and Station** [ ]  Assessed [ ]  Not Assessed [ ]  Within Normal Limits [ ]  Not Clinically Indicated

[ ]  Restlessness [ ]  Staggered [ ]  Shuffling [ ]  Unstable [ ]  Other:

**Mental status exam additional comments, Descriptions**

Signature: Date:

Printed Name: